

## School Garden Nutrition Education Spring Update

Spring is finally here and the Food Systems Project is excited to begin work on the five gardens we will be coordinating this year. Participating School Garden Nutrition Education students across all three schools have prepared and sampled trail mix, fresh salsa, bagel faces (bagels with cream cheese, carrots, green peppers, black olives, cucumbers, tomatoes and bean sprouts) and Oatmeal Surprise (quick oats flavored with applesauce, brown sugar, cinnamon, raisins and sunflower seeds). In addition to eating healthy and learning about the food pyramid, all 600 students across the three schools planted apple trees to celebrate Earth Day in April. During this eventful season, **WE NEED YOUR HELP!** If you would like to donate or volunteer in the schools or gardens this spring, please contact **Joy Baldwin** at (517) 999-2894 or e-mail her at [joy@nwlansing.org](mailto:joy@nwlansing.org).



Saturday, July 25, 2009  
1pm—9pm

## Thank You Westside Summer Fest Sponsors!

The Westside Commercial Association and NorthWest Initiative are extremely pleased to announce the following sponsors for the 3<sup>rd</sup> Annual Westside Summer Fest! Join us in thanking these individuals and organizations in making the 3<sup>rd</sup> Annual Westside Summer Fest possible --- and join them in offering financial support or volunteering at the event!

**Festival Underwriter**  
Ronald McDonald House

**Health Tent Sponsor**  
Sparrow Hospital

**Advertising Sponsor**  
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Comerica Bank

**Festival Sponsors**  
Junior League of Lansing  
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Ingham County Treasurer -  
Eric Schertzing  
Origami Foundation

**Friends of the Westside Summer Fest**  
Lansing Mayor Virg Bernero  
Consumers Energy  
Councilmember Kathie Dunbar  
Greater Lansing Housing Coalition  
Lansing Community College  
Margaret Groves  
4th Ward Councilmember -  
Tim Kaltenbach  
Michigan Realtors Association  
Councilmember Derrick Quinney

**Other Contributions**  
Chris Lewless for City Council  
Robert & Deann Brown

**Hello & Good-bye!** NorthWest Initiative is pleased to welcome our new Youth Coordinator, **Diego Oquendo**, our new FSP interns **Robert Jackson** and **Anthony Yarber**. We would also like to welcome **Heta Metha** and **Laura Woltanski** as our new interns for the Westside Alliance and **Diane Rethamel** as our new office assistant. Unfortunately, we would also like to say goodbye to **Bob Fluke**, **Duana Benn**, **Kelly Burley** and **Robert McElwee** who served as interns. You all will be missed!

## Upcoming Events

### 2009 Chili Cook Off

Sponsored by the Lansing BWL  
Adado Riverfront Park (west)  
Friday, June 5<sup>th</sup>; 5:00 to 10:00 p.m.  
\$5.00 wrist band in advance  
For more information contact LEPFA  
at (517) 483-7400

### 10th Annual Riverbank Traditional Pow Wow

June 19<sup>th</sup>, 20<sup>th</sup>, and 21<sup>th</sup>  
Public invited - Free admission  
Louis Adado Riverfront Park  
For more info, check out their website  
at <http://www.riverbankpowwow.com/>

### Diversity Festival

Louis Adado Riverfront Park  
Saturday, June 13<sup>th</sup>;  
11:00am - 7:00pm; \$5.00 admission  
Food, Music, Shopping, Youth areas &  
Moonwalk & Pet parlor  
For more info, check out their website at  
<http://www.michiganpride.org/Events/Festival.aspx>

### Victorian Garden Tea

Saturday, June 27<sup>th</sup>  
1:00 pm and 3:00 pm; \$8 per person  
See the gardens in bloom and taste the  
sweet delights that summer has to offer.  
call (517) 483-4220 to book your  
reservation.

### June Food Resource Dates

**Angel Food Ministries**  
Place orders in the middle  
of the month and pick up at  
the end of the month.  
Call Julie @ (517) 485 - 0174  
(Must enroll prior to distribution)

**Great Food for All**  
Place orders at the beginning  
of the month and pick up in  
the middle of the month.  
Call Jack @ (517) 374 - 2650  
(Must enroll prior to distribution)

**Food Movers Distribution**  
June 3<sup>rd</sup> & 17<sup>th</sup>, from 11 -12 pm  
Mid-Michigan Leadership Academy  
(Must enroll prior to distribution)  
730 W. Maple St. Lansing,  
(517) 482-1270

**NorthWest Initiative**  
(Panera supplemental Bread Location)  
Thursdays; 12:00-4:00 pm,  
1012 N. Walnut St. Lansing,  
(517) 999-2894

**Letts Community Center**  
(Supplemental Bread Location)  
Monday-Thursday; 12:00-6:00 pm,  
Letts Community Center  
1220 West Kalamazoo, 483-4311